

GET HELP MAKING THE SWITCH

Are you struggling with the cost of diapering your child? Do you want to transition to cloth diapers, but can't afford the upfront cost?

With a staggering 1 in 2 families in the US facing diaper need, cloth diapers are a powerful option.

WE CAN HELP YOU BEGIN



OUR PROGRAM

You can receive a free kit of cloth diapers with everything you need to be successful with cloth. Licensed foster families can request diapers to keep on hand for future placements. Each kit includes a mix of styles and brands, so that you can find what works for you.

Your kit will include the following:

- 24 diaper changes
- 6 extra liners/prefolds for extra absorbance or nighttime
- 48 reusable flannel wipes
- Cloth diaper pail liner or wet bag
- Travel wet bag for on the go
- Detergent

ABOUT US

CNY Diaper Bank is a volunteer-led 501(c)(3) founded in 2016 to ensure all families in CNY have access to an adequate supply of diapers for their babies and toddlers. We also work to raise awareness that diapers are a basic need not being met for all children. We provide disposable diapers to families through a network of partners agencies. For cloth, we distribute directly to families.

SUPPORT US

Visit www.cnydiaperbank.org to donate today. We also welcome donations of disposable diapers and cloth diapers. Used cloth diapers are welcome as long as they are in good condition and not in need of repair. For drop off locations, visit www.cnydiaperbank.org/donate-diapers.

JOIN OUR CLOTH PROGRAM

If you are passionate about cloth diapers and would like to join our team as a volunteer, please send an email to cloth@cnydiaperbank.org.

We welcome individuals of all backgrounds in a variety of roles, including outreach, cloth diaper education, and cloth diaper kit assembly. We also welcome partnership with other community organizations who wish to bring cloth to the families they serve.

cloth@cnydiaperbank.org

www.cnydiaperbank.org/clothdiapers



HAVE YOU
CONSIDERED
CLOTH
DIAPERS?

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WHY CLOTH DIAPER?

There are many benefits to adding cloth diapers into your diapering routine. Whether used full or part time, cloth diapers can help your family save money, reduce waste, and reduce diaper rashes.

Save Money

Saving money is the top reason many families choose cloth diapers. Families who use cloth diapers full time can save well over \$1,000 in the first three years of their baby's life.

Reduce Waste

Disposable diapers quickly take up a lot of space in your trash can! 20 billion disposable diapers end up in landfills every year, taking hundreds of years to decompose.

Care for sensitive skin

Many families switch to cloth for the health of their baby's skin. The absorbent fibers of cloth diapers are often more gentle on sensitive skin, resulting in fewer diaper rashes and less irritation.

CLOTH EDUCATION AND SUPPORT

We know that making the switch to cloth diapering can be daunting, and the options can be hard to navigate. We can provide individual cloth diaper support and education, as well as cloth diaper classes in the local community. Whether or not you receive cloth diapers from our program, we want to support your success!

IT'S NOT ALL OR NOTHING

Some families use cloth exclusively, but many others use a mix of cloth and disposables. You can see the many benefits of cloth, even if you only use them part time. Do what works for your family.

IT'S EASY

Don't be intimidated. With a bit of practice, cloth is simple to use, and we are here to support you along the way!

NOT YOUR GRANDPARENT'S CLOTH DIAPERS

Modern cloth diapers have come a long way, offering families a wide array of options. Today's cloth diapers are equipped with breathable, water-resistant PUL material, user-friendly fasteners, and a range of natural and synthetic fabrics. Some even come as all-in-one options, simplifying the process and making cloth diapers more convenient than ever before.



CLOTH DIAPER CARE IS SIMPLE

Washing cloth diapers isn't intimidating: they are just very dirty laundry. They can be washed at home. Once you find your rhythm it's not hard.

Cloth diaper wash routines require only a few steps:

1. Dispose of any solids into the toilet.
2. Store soiled diapers in a dry pail or a wetbag until wash day. Wash every 1-2 days, at least.
3. (Optional) Run a shorter cycle with a small amount of detergent to remove the heaviest soil.
4. Select your washer's longest heavy duty cycle with the full recommended amount of detergent for heavily soiled laundry.
5. Finally, dry your diapers (hang dry or in a machine).

COMMON CONCERNS

Don't have a washer?

We can help you hand wash.

Worried about detergent?

Most mainstream detergents are great for cloth, so no need to buy a special, expensive detergent.

You can use any diaper cream with cloth diapers!

If you choose something petroleum based, avoid repelling issues by using a liner with synthetic fiber diapers.

For more detailed wash advice or support, contact us.